
The Latest Events Sheet from the ASWC

From The Anthroposophical Society <info@aswc.org.za>

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To Librarian <info@aswc.org.za>



Verse 30 of the Soul Calendar
painting and translation by Karin Jarmen, Stroud UK

Thoughts spring up and ripen
In the sunlight of the soul,
With self-confident awareness
All feelings are transformed.
Filled with joy I feel
The autumn's waking spirit -
For winter will awake in me
The summer of the soul.

Leaving Summer for Autumn..... for Winter!

This last week, I feel, we have so remarkably/radically left Summer for Winter. A picture to guide this transition, is so beautifully held within this Soul Calendar verse 30. This being the verse we are about to begin on Sunday (in the southern hemisphere). It reveals the human capacities that this turning can spur us on to awaken within ourselves.

Wishing you all the experience of "autumn's waking spirit"!

Warmly

Caroline Hurner

ASWC EVENTS

MEMBERS MEETING - we meet **this Sunday** 26 April, 5 pm in the Library, to explore and listen in to what verse 30 of the Soul Calendar can reveal to us. ALL WELCOME.

CURRENT AFFAIRS CAFE - we will next meet on Wednesday 6th May at 4.30pm in the lounge at Sophia House. Note this month we will meet on the first Wednesday of the month. ALL WELCOME

Anthroposophical Society South Africa (ASSA) AGM Saturday 2nd May 13:30 -17:30 in Johannesburg (see below for THE SOURCE OF CHANGE Conference)

THE SOURCE OF CHANGE

Johannesburg Group of the Anthroposophical Society in Southern Africa (JGASSA) Conference 1st to 3rd May 2026 The Collaborative Healing Centre at 17 Cactus Road, Kyalami, Johannesburg.

Where does real change come from?

In a world marked by uncertainty, division, and rapid transformation, many people feel that change is necessary — yet fewer feel able to participate meaningfully in shaping it.

This conference explores a simple but profound proposition:

lasting change begins in the activity of human thinking itself.

We invite you to a weekend conference and gathering that offers space for reflection, dialogue, and practical exploration of how inner activity, awareness, and creativity can become a true source of renewal in personal, social, and cultural life.

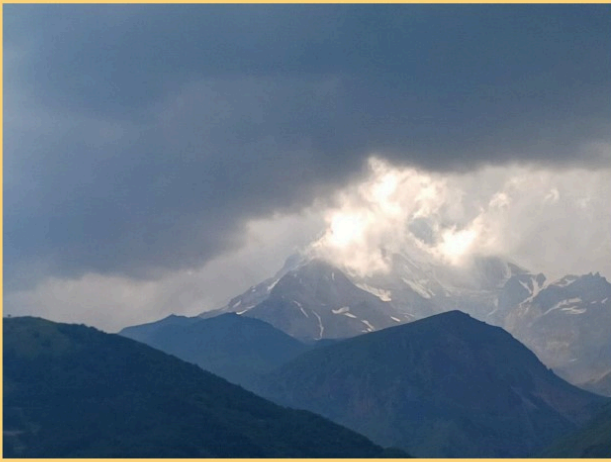
Please [click here](#) for programme and [here](#) for registration

This conference includes the ASSA AGM on Saturday 2nd May 13:30 -17:30

To request further information, please contact:

John-Peter Gernaat

hello@anthroposophy.joburg / +27 82 784 5972



GEORGIA – *Land of Mysteries and Mountains.*

Talk with slides by Martin Wigand

*Saturday 16 May, 3 – 5.30pm, with a tea
break at Sophia House, Plumstead.
suggested donation R 40*

*In this talk Martin will share experiences from
his recent journey to this country, the
“balcony of Europe into Asia”. You will hear*

about the perilous journey of the Argonauts to the hidden mystery centre at the Black Sea, from which they stole the Golden Fleece with the help of the priestess and sorceress Medea. This laid the foundations for the future Greek mystery schools. According to Rudolf Steiner this voyage can also be understood as a journey on the astral plane, a journey of initiation. A look at the further spiritual history of Georgia will show the astounding role women played in the Christianising of the country, making it one of the first Christian countries in the world. Looking at the sequence of significant women in her history, we might even speak of Sophia mysteries or the quest for the eternal feminine.

OTHER EVENTS



Listening Practitioner's Circle

Listen better, listen deeper

The Theory U **Four Levels of Listening** offers a framework to grow your capacity to listen from a deeper holding space, manage change, and lead transformation.

In the sessions we engage in:

- awareness-based practices
- embodied presence, theory, journaling, and discussion
- empathic and generative listening in real-time conversations

Receive guidelines + worksheets

2026 Practice Circles

Start 22nd April
and 1st July

18.45 to 20.45

7 x 2-hour weekly
Wednesday sessions

Fee: R1 260

Payment plans
are possible

Sophia House Group Room
18 Firfield Road
Plumstead, Cape Town



Cobie Roelvert

www.cobieroelvert.co.za

📞 074 030 5251

With acknowledgement to the
Presencing Institute

A subtle change for a saner world

LAST CALL. Due to a confluence of circumstances the Listening course could not start last Wednesday. There is therefore still a chance to join this course of self-discovery, social soil tending and its felt sense of Organic Intelligence and Social Field Intelligence.

ROOTING AND RISING — A TWO-WEEK GATHERING FOR YOUNG

PEOPLE hosted at Kufunda (eco-village in Zimbabwe) in collaboration with Planetary Services. Young people who, perhaps like all of us, are finding this world somewhat concerning and alarming. Young people from many different walks of life, many lands, coming together in a learning village in Zimbabwe. To be together. To host a Future-Now into being.

This is an invitation. Please share it with any young ones you know. Two weeks, to really see, receive, and celebrate each other. There is something that gets drawn out of a person in community, that cannot emerge when one is on one's own. And there is something about the land of Kufunda, about the earth and soil of Africa, that is very, very potent in that gesture of becoming who we each truly are, in community.

Dates: August 10-22 **Price:** Global North: 500 EUROS, Global South: 300 EUROS with possibility for partial scholarships.

Early bird offer: Book and pay a deposit before the end of June

Who: Youth 18 to 28. Yet one of the principles at Kufunda is: whoever shows up are the right people. So if you don't formally fit the bracket, and yet your heart says ah — please be in touch.

Learn More [HERE](#)



The Proteus Initiative

Invert your Will

**The Truth of Phenomenology
is the
Phenomenology of Truth**

in the midst of these ungracious times
we gather
on towerland wilderness
to consider
the
alchemy of consciousness

2nd November – 10th November 2026
(arrival 1st November, departure 11th November)

For more information [click here](#)

ONLINE EVENTS

Early Child Development with Dr. Joy Levin

for parents / practitioners

A 7-Week ONLINE programme with course reading and slides. Based on philosophies of Rudolf Steiner's principles of child development. The course uses a manual, written by one of South Africa's Waldorf elders, Peter Van Alphen. Material is supported by research into corresponding theories including attachment and self-regulation. Joy's PhD (2023) was conducted in her own classroom at Imhoff Waldorf. She is presently turning her thesis into a book, as well as teaching in the classroom.

The course includes the following:

- * Where do we come from? Pregnancy and birth
- * Attachment theory and early regulation
- * Early language and communication
- * The three phases of development for the young child, within the 0-7 year period of the will
- * Imagination, storytelling and play
- * School readiness and the 5.5/6 year change
- * MATERIAL IS PROVIDED - BOOK AND ARTICLES

DETAILS

Wednesdays 8:00-9:30 pm SAST

ONLINE Starting Wed April 22

(April 29, May 6, 13, 27, June 3, 10)

To book: WA Dr. Joy Levin 27-824988182 or

email joylevin22@gmail.com

R1200/ Early bird price R1000 if book by 1 April

(Open to sponsorship or donations for students who cannot afford).

"THAT GOOD MAY BECOME" - LIVING A SPIRITUAL PATH IN AN AGE OF CHAOS

- an online study group with Cynthia Hooven beginning April 23 - May 21 live at midnight SA time, however recordings are available.

In our present age, the chaos underlying the world events is undeniable. It may be easy to lose hope or vision. And yet: we are placed in this world to be helpers of the hierarchies, and even in the course of time to ourselves become creators. In the process, we must take responsibility for our own evolution. All webinars are free. Suggested Donation: \$10/class, \$50/series. Register [HERE](#)

SIX SUBSIDIARY EXERCISES – monthly discussion group online hosted by 'Inner Work Path' To register: <https://www.innerworkpath.com/engage/study-groups/>

THE TRIAL OF THE SOUL - An introduction to Rudolf Steiner's Second Mystery Drama, 3 online zoom conversations led by Daniel Hafner Tuesday 5 May, Wed 6 May and Thursday 7 May, 7.30 pm SA time. Rudolf Steiner's *Mystery Dramas* (1910-1913) are a series of four esoteric plays that explore the journey of the human soul through reincarnation, karma and spiritual awakening. These dramas are more than conventional theatre; they serve as a tool for individual transformation and spiritual insight. These dramas illustrate the evolution of human consciousness, and can serve the individual along the path of self knowledge. In these 3 zoom sessions, Daniel Hafner will give an introduction to *The Trial of the Soul*. This course is for anyone interested in Rudolf Steiner's plays and especially for people seeking a way to prepare to attend the live performances planned in the United States in 2026. **These 3 meetings will be recorded and shared with registered participants. To register [OPEN HERE](#).**

THE RELATIONAL FUTURE IS NOW - LISTENING TO ANTHROPOSOPHIA IN THE WORLD TODAY - James Dyson and Simon Kuttner in conversation

May 9 · May 23 · June 20

James and Simon will converse on a range of topics connected to the future of Anthroposophy. Among the themes hoped to be discussed are:

- The psychological - relational impulse in Anthroposophy
- What does it really mean to cross the threshold today?
- Human encounter as spiritual activity
- Resistances to the relational impulse in spiritual movements.

[OPEN HERE](#) for further information and how to register.

SIX SOUL EXERCISES FOR DEVELOPING THE HEART CHAKRA

A shared online journey through Rudolf Steiner's six supplementary exercises – supported by a vibrant community – accompanied by a dedicated team.



START: May 17, 2026

END: Aug 09, 2026

DURATION: 6 × 2 weeks

FORMAT: Meditative training course

This is a new short course offered by the remarkable team who has led the 9-month training on the Philosophy of Freedom *Jahrestrastung Philosophie der Freiheit*

FOR MORE INFORMATION:

<https://basic-exercises.com/en/>

NEWSLETTERS, ARTICLES, RECORDINGS

THE BIODYNAMIC HARVEST HUB- fresh biodynamic produce delivered to your door. Contact Thomas 078 472 8264 or harvesthub@ibits.co.za to receive weekly availability lists.

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