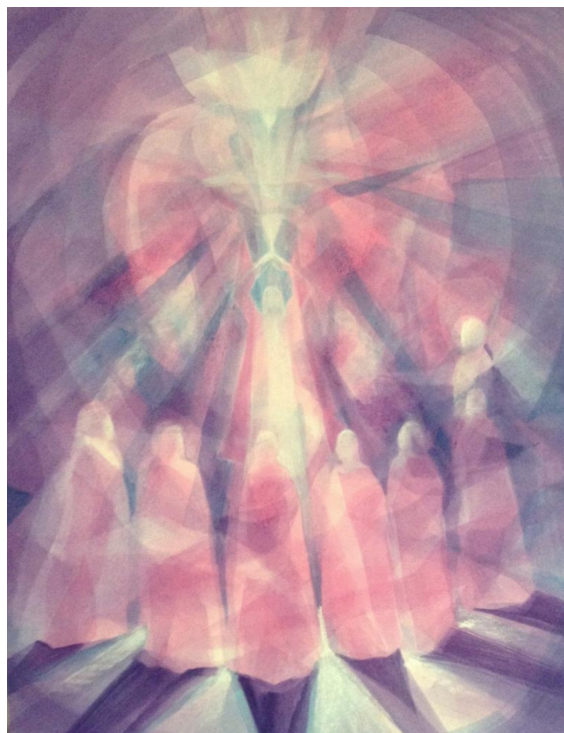

The Latest Events Sheet from the ASWC

From The Anthroposophical Society in the Western Cape <info@aswc.org.za>

Date Wed 2026-05-20 1:30 PM

To Librarian <info@aswc.org.za>



WHITSUN THIS SUNDAY

... then 10 days, after Ascension, He sent the Holy Spirit - that Divine Being of the Trinity that does not overpower, but enhances the individual "I" of human beings. Rudolf Steiner, The Festivals and Their Meaning.

When the Divine Feminine aspect of the Trinity descends with healing in Her wings - to empower us - with tongues of fire - for the achievement of our highest individual destiny.

May we find the possibility to prepare in the next days that we can open towards these blessings for the future.

Warmly

Caroline Hurner

ASWC EVENTS

MEMBERS MEETING - we meet **THIS** Sunday 24th May, 5 pm in the Library, to explore and listen in to what verse 34 of the Soul Calendar can reveal to us. ALL WELCOME.

CURRENT AFFAIRS CAFE - we will next meet on Wednesday 10th June at 4.30pm in the lounge at Sophia House.

ALL WELCOME

UNBORNESS

In-person screening of a recorded talk by Peter Selg on Unbornness Friday 5 June, 6 – 8 pm in the Library at Sophia House, Plumstead. This talk was hosted by the AS in America and is not freely available online. Peter gives a vivid and moving picture of both the life after death - ascending through the heavenly spheres - and then the approach we make again to earth. Peter creates a mood that enlivens the heart and brings Anthroposophy to life. Donations at the door welcome.



Southern
Cross

Eurythmy Therapy Training

SCETT invites you to join a series of Anthroposophic lectures by
DR DONALD PALMER and DR JAMES DYSON.



James Dyson

MENTAL HEALTH

SCETT will host 9 lectures in a running course on
mental health from 27 June to 2 July:

Saturday 27 June 10am to 12.30pm

29, 30 June and **1 July** 2 lectures per day:

9.30am to 11am | 4.30pm to 6pm

2 July: 9.30am to 10.45am | 11.15am to 12.30pm

Dr. James Dyson will also present lectures in
person on **26 & 28 June** at Sophia House hosted
by the Anthroposophic Society. Contact: Caroline
Hurner for details: Coordinator@aswc.org.za

VENUE: Sophia House, 18 Firfield Rd, Plumstead | R100 per lecture

For enquiries & bookings please contact Julia O'Leary: 076 904 7632

Juliaoleary021@gmail.com

OTHER EVENTS



from three to thirteen

**(re)visit childhood
in song and dance**

a eurythmy block
with music

Mondays 6 to 7 pm
18 May to 29 June
6 hours
R690 (2 x R345)

Group Room
Sophia House
18 Firfield Road
Plumstead

Cobie Roelvert - 074 030 5251
Get in touch if you want to book or hear more

DISCOVERING THE TREASURES HIDDEN IN THE LORD'S PRAYER - a course led at the Christian Community this weekend 22nd till 24th May 2026. Fee R 620 including catering, Please contact Andreas at christiancocpt@gmail.com to discuss an alternative if the recommended cost would prevent you from attending. All are WELCOME.

[OPEN HERE](#) for programme.

WHITSUN FESTIVAL - at the Christian Community Church, Plumstead, this Sunday 24th May after the service at 11:30am which is open to Young and Old. You are asked to select a poem, a piece of writing or prose with a Whitsun theme if possible, to read

at the gathering.


SUNRISE BIRTHDAY HIKE UP PLATTEKLIP GORGE - Join Shelani van Niekerk, who is a valued member of our ASWC committee, on Tuesday, 26 May. [OPEN HERE](#) for details.

YOUTH CAMP IN SERBIA 2026 - from 02.08. - 09.08. [OPEN HERE](#) to learn more about this camp hosted by the Serbian Anthroposophic Medical and Biodynamic Associations.

ONLINE EVENTS

DEVELOPING AN UNDERSTANDING OF THE KARMA OF ILLNESS - online with Dr. Sue Peat. This Friday, 22 May, at 8pm, hosted by the London Branch. Why me ?' is a common question for all of us when faced with the challenge of illness or accident. It brings with it unexpected meetings and events that can be life changing. Drawing on the insights that Rudolf Steiner offered to Doctors and Priests Sue will explore this question with us. Join Zoom Meeting <https://us02web.zoom.us/j/82632129836?pwd=SDZ3d0kxWk0wNU1uUzN5OStBZmN6QT09> Meeting ID: 826 3212 9836

TOWARDS A RENEWAL OF THE MYSTERIES OF THE HOLY GRAIL



**ONLINE PRESENTATION
BY FLORIAN SYDOW
SUNDAY MAY 24TH, 2026**

**SPONSORED BY:
THREE-FOLD MANKIND
INTERNATIONAL
PROGRAM INITIATIVE**

Drawing By: [Assia Turgenieff](#)

PARZIVAL CROWNED KING OF THE GRAIL ON PENTECOST

According to Rudolf Steiner, Wolfram von Eschenbach's *Parzival* relates back to historic events of the 9th century, to which the author alluded. At the Eighth Ecumenical Roman Catholic Church Council, held in the Hagia Sophia in Constantinople in 869 AD, the threefold nature of the human being was declared heretical. Rudolf Steiner indicated that at this same time a significant convergence took place between the *Hybernian* mysteries cultivated by the Arthurian Knights and those of the Grail Knights, who celebrated a direct personal experience of the Holy Spirit (Spirit Self) which the new church dogma denied.

Join this online presentation by Florian Sydow, on Whitsunday 24 May, 9pm SA time. The lecture is free, however a donation is suggested. To make your payment, please, follow the link [DONATE](#)
Join Zoom Meeting <https://us06web.zoom.us/j/82232899822> Meeting ID: 822 3289



Hoe om Lief te Hê

'n Aanlynkursus 12 lesse oor 12 maande

Hierdie praktiese kursus leer jou om weer en weer terug te keer na liefhê, om die beste in ander raak te sien, en om vergifnis te vind.

Begin Dinsdag 9 Junie

Elke tweede Dinsdag van die maand: 16.00 tot 18.00 SAST

Koste: R5 200 "Global South"

€450 / £380 / \$450 "Global North"

Persoonlike betalingsopsies is beskikbaar

Kom ons gesels as jy vrae het: Cobie Roelvert - 074 030 5251

cobie.roelvert@gmail.com

Om te leer om lief te hê het my lewe ingrypend verander. Die praktiese oefeninge en handleidings het sedert 2017 die fondament van my lewe geword. Ek lei die How to Love kursus sedert 2024 en is 'n lid van die Active Practical Love Initiative wat die werk van Dr Tessabella Lovemore bevorder.

Sien www.tessabellalovemore.com en www.cobieroelvert.co.za.



"Die positiewe eienskappe van 'n kollega kan slegs gesien word as jy regtig vir hulle omgee. Liefde maak jou oë oop daarvoor."

Jörgen Smit, Noorse onderwyser en skrywer

How To Love - In Afrikaans

The How to Love course developed by Dr Tessabella Lovemore is now available in Afrikaans for the first time. It is an online course of 12 lessons over 12 months. "These 12 lessons have made a significant change in the way I relate to people, loved ones, colleagues, and strangers."

Cobie Roelvert

NEWSLETTERS, ARTICLES, RECORDINGS

SUB-NATURE & SUPER-NATURE - recording of panel of six experts on the spiritual beings, the formative forces of life, and how technologies can be brought into right relationship with moral impulses. Hosted by MysTech, [OPEN HERE](#).

WHY HOLISM MATTERS AGAIN - Goethe, Jan Smuts, and the search for wholeness in an age of fragmentation - an essay by Richard Cox that he recently posted on his SUBSTACK PUBLICATION - [Open this link](#) to subscribe

INTERVIEW WITH MIHA POGAČNIK ABOUT HIS IMMANENT FESTIVAL: Questival Podgrad & Terra Parzival 2026 - *Build a bridge through Europe – from self to community.* [Open this Link](#), please note that *English subtitles can be requested.* For more information about the event: <https://www.terraparzival.eu>

FUNDING NEEDED FOR 2 CLASS 12 STUDENTS WHO NEED TO TRANSITION TO MICHAEL OAK AS THEIR CLASS AT STELLENBOSCH SADLY HAS TO CLOSE.
Please [OPEN HERE](#) to read the appeal letter

THREE-FOLD MANKIND - an independent Chicago based initiative - who's mission it is to create a worldwide informal community of friends of Anthroposophy - has A wide selection of videos available at the following link <https://www.youtube.com/@VidarGroup/videos>

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Our mailing address is:

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Cape Town, Western Cape 7800
South Africa

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