

---

The Latest Events Sheet from ASWC

---

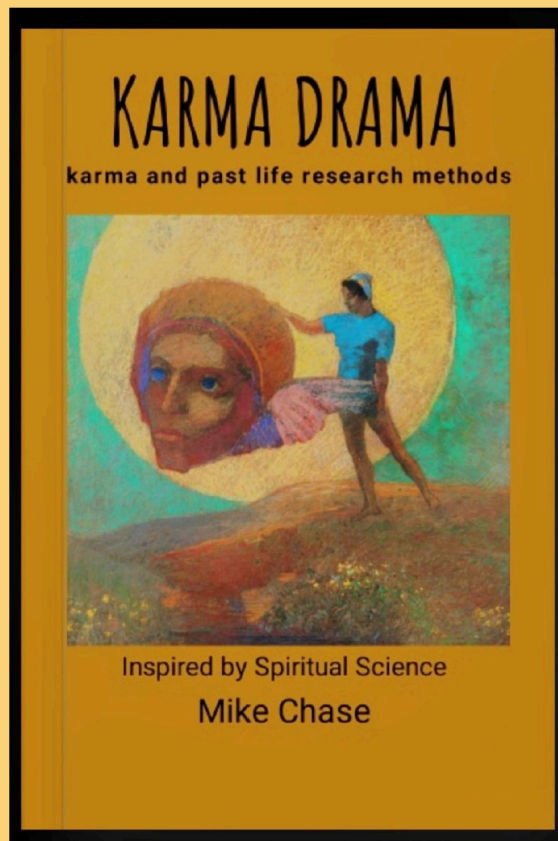
From The Anthroposophical Society <info@aswc.org.za>

Date Wed 2026-01-28 11:17 AM

To Librarian <info@aswc.org.za>



ASWC EVENTS



## Book Launch

Thursday  
29 January  
18:30  
Sophia House  
18 Firfield rd  
Plumstead

Mike Chase will be with us in person to launch his new book.

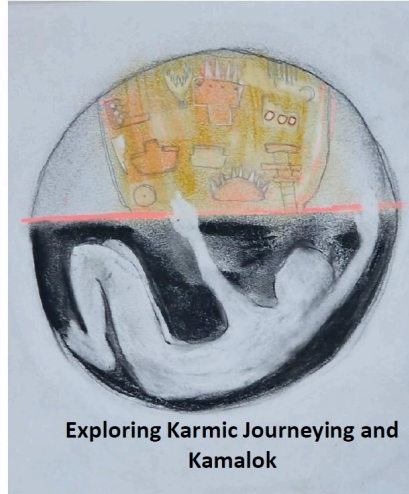
The evening will include a talk and demonstration.

For those who are interested, following the launch Mike will present Rudolf Steiner's Four Day Karma Exercise

## A KARMA DRAMA WEEKEND

### Mike Chase at Sophia House

30<sup>th</sup> January to - 1<sup>st</sup> February 2026



**The Workshop includes Karmic Journeying** developed by Jostein Saether.

This is a richly imaginative exercise that supports the karmic question of the researcher in finding an answer. Working with the imagination of the spiritual hut, described by Rudolf Steiner in *Knowledge of the Higher worlds*, this process invites one to develop a rich imaginative relationship with one's angel. By asking the Angel for support to find the answer, a journey is undertaken, initially through moral imagination, and then intuitively, across the threshold to the time and place where the answer lies.

In addition, **Karmaloka Drama**, developed by Mike, is an embodied interactive process enabling the karma researcher to process and digest past-life traumas, doubles and personalities. This process using masks and psychodramatic action methods, helps work with unconscious parts of oneself by exploring what the past is asking one to transform for the future. **Workshop:**

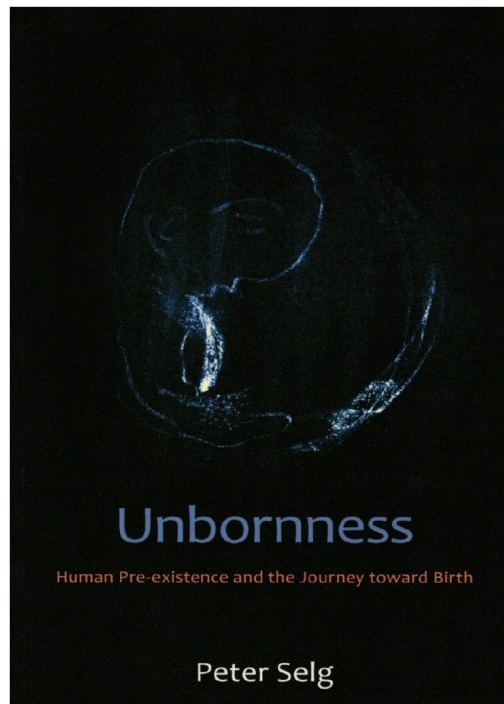
Friday 30 January 2026, 6pm to 9pm

Saturday 31<sup>st</sup> January 9am to 6pm with a bring and share lunch.

Sunday 1st February, 9am to 1 pm

**Costs:** SAR 2000 bursaries available. **Bookings** via [info@aswc.org.za](mailto:info@aswc.org.za)

**Venue:** Sophia House 18 Firfield rd. Plumstead.



In-person screening of a recorded talk by Peter Selg on

## Unbornness

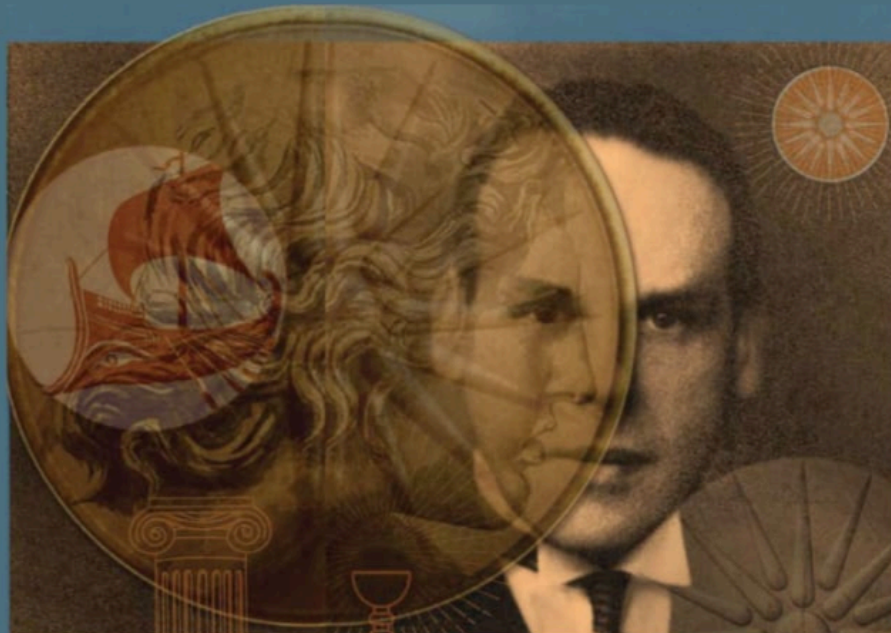
Friday 6 February at 6.30 pm in the Library at Sophia House.

This talk was given 2 weeks ago to honour the season that we are in now in, when the new - yet unborn – souls are coming to earth from the heavenly realms.

Peter gives a vivid and moving picture of both the life after death - ascending through the heavenly spheres - and then approach we make again to earth.

A donation would be welcome





## Historical and Modern **SEARCH FOR THE HOLY GRAIL:** South Africa and the Portuguese

A talk by **Frans Lutter**

Sunday 8 February, 6pm, Sophia House

5pm (Central European Time), 4pm (GMT, UK), 11am (Eastern Time)



**Streaming via OASA, to view, please connect via the**

**Meeting ID: 876 7197 8247**

The Grail connects East and West. Europa and Asia met at the Cape, where the Indian and Atlantic ocean interface. The Cape is not only historical but also a place where the future begins. Frans Lutters completed his university studies in theology and education, both in England and the Netherlands. He has more than 40 years of experience as a Waldorf teacher and now lectures in the Free university for the Spiritual Science. Frans is also an international author.

Image from Frans' latest book, WJ Stein admiral of Alexander the Great's fleet

**Donations at the door**

***For those who are not local to Cape Town OASA have agreed to film this talk and make it available through Zoom. You may use the following link <https://us02web.zoom.us/j/87671978247> and the meeting ID: 876 7197 8247 to connect.***

\*\*\*\*\*

**LOCAL MEMBERS MEETING** - we meet **THIS Sunday 1 February** at 5pm in the library


at Sophia House. Working with verse 18 of the Soul Calendar. ALL WELCOME.

**CURRENT AFFAIRS CAFE** - we next meet on Wednesday 11 February at 4.30 in the library at Sophia House, for our first meeting of this year.

**REMEMBERING OUR SHARED FUTURE: TO SPEAK FROM THE STARS**, an intergenerational gathering taking place from **1 to 5 April 2026** at Monkey Valley Eco Resort in Cape Town.

Please [OPEN HERE](#) to access a comprehensive invitation booklet

## OTHER EVENTS



**BIODYNAMIC  
BEEKEEPING  
WORKSHOP**

- with Gerard Frater

*In the rhythm of  
wings and wax,  
wisdom hums.*

**SUN 1 FEB 9AM - 3PM**

**SILLERY FARM**

**BROUNGER ROAD  
CONSTANTIA CT**

brought to you by the  
Biodynamic Agricultural Association  
of Southern Africa

*In the golden  
geometry of the hive,  
Gerard reveals  
nature's quiet genius..*

Cost: R450 pp  
Coffee/Tea and light lunch included  
Booking essential, to book:  
email [info@bdaasa.org.za](mailto:info@bdaasa.org.za)



# Inner Leadership through Art

**"In this time, more than ever-  
our inner compass  
to navigate our way, is critical"**

**Discover inner strengths and  
understanding to empower yourself  
and enhance your relationships**

An introduction to the Seven  
Steps of Spiritual Development based on  
Margarete van den Brink's book  
Transforming People and Organisations

**No art experience required**

Working with colour, painting, clay, charcoal, collage, creative writing and deep listening exercises you will access your own wisdom, strength and inner leadership qualities.

2026

**Thursdays 18.00-21.00**  
**Feb 26. March 5,12,19,26th.**  
**April 16,23. May 7,14.**  
**Held at CCE Plumstead**

**Course fee**  
**R3800**

(Includes all materials and teas)

**Contact [bridgingpolarities@gmail.com](mailto:bridgingpolarities@gmail.com)**  
**[www.bridgingpolarities.co.za](http://www.bridgingpolarities.co.za)**

This Course offers inspiration and encouragement to clear a path to our Inner Leadership. Exercises in deep Listening and Communication, creative exercises in different mediums to accompany the Journey, and a guided exploration of Margarete van den Brink's model - 7 Steps for Spiritual Development. Three highly trained Facilitators will run this dynamic course.

## ONLINE EVENTS

**ON THE EARTH WE WANT TO LIVE**, free Goetheanum TV live broadcast **TODAY Wednesday 28 January at 4pm SA time**. Johannes Kronenberg, will talk about the recently published book "On the Earth We Want to Live" which examines the contribution of anthroposophy to sustainable development. It sheds light on the anthroposophical worldview and offers a holistic perspective on the relationship between humanity and the Earth. By examining its philosophical foundations, this book illuminates how anthroposophy understands the sustainable development of humanity and the environment. [OPEN HERE](#) (see link below) to register and receive an email reminder before the broadcast begins. If you miss the broadcast, it will appear in the

list of videos on the Goetheanum TV website [https://goetheanum.tv/?locale=en\\_us](https://goetheanum.tv/?locale=en_us) for viewing at any time.

***SPEAKING THE FUTURE*** - online talk with Geoff Norris. Friday 30 January 9pm. Hosted by the London Branch. What happens now when we speak with each other and really listen? Is something created between us? What happens when we are transported into another world through story telling and taken into imaginations that live with us for our entire lives ? Perhaps we can sense and understand our experiences of speaking and listening as a foretaste of what human speech could become in the future. *Geoff is an Actor, Director, Storyteller, and Speech, Drama, and Movement trainer with over 45 years of experience. Join Zoom Meeting*

<https://us02web.zoom.us/j/82632129836?pwd=SDZ3d0kxWk0wNU1uUzN5OStBZmN6QT09>

*Meeting ID: 826 3212 9836*



## Inner Development – Self Agency – Soul Transformation

A gentle beginning with Anthroposophy through  
Rudolf Steiner's Leading Thoughts

The first of three courses which will take the form of interactive study groups intended primarily for student teachers at the Centre for Creative Education (CCE), teachers in Waldorf schools, and anyone interested in deepening their understanding of Anthroposophy.

Working with the Anthroposophical Leading Thoughts, the courses will explore fundamental principles of the human being, in all its potential and complexity, as outlined by Rudolf Steiner. The Leading Thoughts are approached as open impulses that invite questions, themes, and shared exploration rather than fixed conclusions. No prior knowledge is required. Everyone is welcome to participate and to share their thoughts, understandings, and experiences of the themes discussed.

---

Join us for OASA's first module of 2026

When: Every Tuesday from the 3rd – 24th of February 2026

Time: 19:00 (South African Time)

18:00 (Central European Time)

17:00 (GMT, London)

12:00 (Eastern Standard Time)

Cost: Free of charge, donations welcome

Facilitated by Joan Sleigh

---



Joan Sleigh is the Acting MD at the Centre for Creative Education. She has worked as adult educator, lecturer and former executive council member at the Goetheanum. She is also the Programme Director for the Online Academy for Social Art.

<https://www.onlineacademyforsocialart.com/>

**MICHAËL MERLE** is offering two new studies online under the auspices of The Christian Community London.

- **THE SIGNS OF THE ZODIAC.** beginning on Tuesday, 3 February at 9 pm **SA time** (from 31 March changing to 8pm). The study will be on the history, symbolism and deeper meaning and significance the zodiac signs, each sign being covered over several weeks.
- **THE BOOK OF REVELATION** beginning on Wednesday, 4 February at 9 pm **SA time** (from 31 March changing to 8pm). The study of *The Book of Revelation* will be inspired and informed by the work of Rudolf Steiner and also that of many Christian Community priests over the years, but will predominantly look at what the text reveals and says in itself.

Zoom Meeting link for both of these studies will

be: [https://us02web.zoom.us/j/85401444994?](https://us02web.zoom.us/j/85401444994?pwd=Tlc3VElBWlp1QzNHb2M1SVNDakZPd09)

[pwd=Tlc3VElBWlp1QzNHb2M1SVNDakZPd09](https://us02web.zoom.us/j/85401444994?pwd=Tlc3VElBWlp1QzNHb2M1SVNDakZPd09) Meeting ID: 854 0144 4994 Passcode: 055141 . Please consider a contribution to The Christian Community in London by EFT to: The Christian Community in London Ltd. HSBC Bank plc. Sort Code: 40-03-21, Account: 22243954 with Zoom studies as the reference.

***LOOKING AT CLIMATE CHANGE FROM A GOETHEAN PERSPECTIVE: CRISIS AND OPPORTUNITY*** - a webinar on 15 February 15 at 9 till 11 pm (SA time) hosted by MysTech. Where the conversation hopes to move beyond the debate of simple mechanics and explore the Earth as a living entity. We will examine why anthropogenic climate change involves more than just rising CO2 levels and look at the mediating role of the water cycle in maintaining planetary health. This is an invitation to see the data differently—not to discard science, but to deepen it with spiritual scientific insight. [Click here to register and expand your perspective on planetary health](#)

***PREPARING FOR THE EASTER MYSTERIES*** - three on line gatherings led by Lisa Romero of EduCareDo, on March 14, 21, 28, with variations of payment from \$0.00. Preparing for Easter begins with us understanding more of what took place through the Mystery of Golgotha. It was an opening of “The Way” which helps us meet that which we are presently facing as humanity continues its collective crossing of the threshold.

[OPEN HERE](#) to register.

NEWSLETTERS, ARTICLES, RECORDINGS

[The Mystery of Evil & incarnation of Ariman. By Florian Sydow. - YouTube](#)

***BEING HUMAN*** - latest Newsletter from the Anthroposophical Society in America

[https://issuu.com/anthrousa/docs/being\\_human\\_fall\\_winter\\_2025](https://issuu.com/anthrousa/docs/being_human_fall_winter_2025)

Copyright © 2026 The Anthroposophical Society in the Western Cape, All rights reserved.

You have requested subscription to our email list

**Our mailing address is:**

The Anthroposophical Society in the Western Cape  
Sophia House, 18 Firfield Road, Plumstead  
Cape Town, Western Cape 7800  
South Africa

[Add us to your address book](#)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

